



# SUNDAY

# OCTOBER 3

# COTTONMILL PARK 2:00pm

### REGISTRATION:

- **If you pre-register by Thursday, September 23, you will receive a free long sleeve shirt.**
- 5k Run entry fee: \$20
- Event day registration will be accepted from 1:00-1:45pm at The Lodge.
- Race Packets can be picked up the day of the event starting at 1:00pm.
- **Register online at [www.KPRreg.org](http://www.KPRreg.org)**

### RACE COURSE:

- Course will be a mixture of paved roads as well as natural and paved trail systems throughout the park. Race will start and finish by The Lodge.
- An aid/water station will be provided.

### AWARDS:

- Snacks and refreshments will be provided after the race.
- The top three finishers in each age and gender division will receive a medal.
- All participants will be eligible for random prize drawings.

MORE INFORMATION WILL BE ON THE KEARNEY TRAIL RUN FACEBOOK EVENT PAGE AND EMAILED TO PARTICIPANTS THE WEEK OF THE RACE.

**In case of inclement weather, call 4-INFO @ 234-4636 ext. 4113 for information.**



## 5K KEARNEY TRAIL RUN ENTRY FORM

**WAIVER:** I hereby waive and release all rights and claims for damages I may have against the City of Kearney, organizers and sponsors of the Kearney Trail Run for any and all injuries suffered by me in this event. I further certify that I am in good enough health to participate in this event. I also agree to the use of my name and picture in publicity and media coverage of this event.

\_\_\_\_\_  
Your Signature

\_\_\_\_\_  
Parent/Guardian Signature  
if under age 18

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Birthdate: \_\_\_\_\_

Phone: \_\_\_\_\_

Emergency Contact/Phone: \_\_\_\_\_

Male       Female

**Age Division** (please check one):

14 & under     15-18     19-29     30-39

40-49       50-59     60-69     70+

**Hurry!** Early entries are due by Sept. 23!  
Only those pre-registered are guaranteed their t-shirt size!

**Mail this form with your entry fee to:**  
City of Kearney Park & Recreation Dept.  
P.O. Box 1180  
Kearney, NE 68848

**T-shirt size, if registered by September 23.**

Youth Med.     Youth Large     Adult Small

Adult Med.     Adult Large     Adult XL

Adult XXL     Adult XXXL