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## **CITY OF KEARNEY** **PRESS RELEASE** ***For Immediate Release***

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### **Fall Prevention Tips for Adults at the Library**

Falls are the number one reason, nationwide, that people over age 65 are admitted to the hospital. CHI Trauma Outreach Coordinator, Tracy Dethlefs, will share the best ways to make your home, or that of a loved one, safer in order to minimize the risk of falls for people of all ages. Please join Tracy at the Kearney Public Library on June 2 at 2:00 p.m. This free program is open to all, with no registration required.

**Check out our web site at [www.cityofkearney.org](http://www.cityofkearney.org).**

*We are sending this News Release as a service to the news media and citizens of Kearney.*

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